


West Rusk Breakfast January 2019

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Monday	Tuesday	Wednesday	Thursday	Friday		
	1	2	3	4		
						
7 Pancake on a Stick	8 Blsc & Sausage	9 Pancake on a Stick	10 Blsc & Sausage	11 Pancake on a Stick		
Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich		
Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams		
Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice		
14 Pancake on a Stick	15 Blsc & Sausage	16 Pancake on a Stick	17 Blsc & Sausage	18 Pancake on a Stick		
Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich		
Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams		
Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice		
21	22 Blsc & Sausage	23 Pancake on a Stick	24 Blsc & Sausage	25 Pancake on a Stick		
	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich		
	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams		
	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice		
28 Pancake on a Stick	29 Blsc & Sausage	30 Pancake on a Stick	31 Blsc & Sausage			
Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin	Pop Tart, P&J Sandwich	Honey Bun, Blueberry Muffin			
Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams	Cereal and Giant Grahams			
Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice	Milk Choice, Fruit Cup, Juice			