

HI YA'LL



Welcome to my Virtual Office!

Here you can 'visit' with me in a safe and convenient way whether you're at home or at school.

All of the images on the bulletin board have links to their websites. There are other images on the bookshelf and the coffee table with links for emotional and behavioral support for all grade levels.

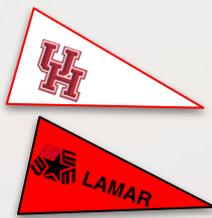
Occasionally I will have *Announcements* which will include links for both parents and students.

Click on my Bitmoji person to go directly to my email so you can speak privately with me as needed.

As always, what is said in here, stays in here.

Contact:
email:
jacksonw@
Westruskisd.org

Mrs. Jackson



choose love movement

Bullying Prevention Information for parents and students

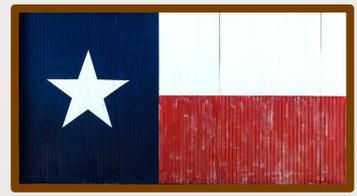
School Photos!

Before you...

f t i g e w y u t

THINK!

- T = Is it True?
- H = Is it Helpful?
- I = Is it Inspiring?
- N = Is it Necessary?
- K = Is it Kind?




Mindfulness Exercises

Positive Self-talk

DO WHAT IS RIGHT NOT WHAT IS EASY

BELIEVE IN YOURSELF.

Announcements and Information:

First Day of School August 23!

