

West Rusk CCISD

Annual Report of School Health Advisory Council (SHAC)

May 2016

Professional members:

Jan Banks – Registered nurse
Steve Alexander – Food Services Director
Kate Bragg – Physical Education representative

Parent member:

Brandy Armstrong
Jerilyn Williams

Student Members:

Dewayna Johnson
Stephanie Bazaldua
Gabrielle Murphy

State of Texas / Rusk County

James Pike
Kamila Brown
Sherry Lynn Adams
Elaine Rathven
Shannon Miller
Rebecca Smith

District Facilitator – Gwen Gilliam, Director of Student Services

Meetings:

October 13, 2015
October 31, 2015
February 9, 2016
May 17, 2016

Each department; health, food service, and physical education, gave reports at meetings. Information was shared by several Rusk County and State Health personnel about local activities. SHAC participated in a Community Health Fair at the PTO Fall Fest on October 31 from 2:00 to 6:00. Local Health Care providers manned several booths to share information on a healthy lifestyle. SHAC members worked with the Wellness Committee to revise the WR Wellness Policy and Health Improvement Plan. The ESTEEM (Encourage Students to Embrace Excellent Marriage) curriculum was used with students in grades 6th – 9th. Nurse, Jan Banks, planned a Raider Wellness Day, April 8th. It was well attended and appreciated by faculty, staff and parents.