

West Rusk CCISD
Annual Report of School Health Advisory Council (SHAC)
May 2022

Professional members:

Megan Wriggle – Registered Nurse
Steve Alexander – Food Services Director
Nick Harrison – Athletic Director
Ashley Harp - Elementary/Intermediate Physical Education
Lindsey Moore, Wendy Jackson, Sharon Keith, Amanda Kirkendoll - campus counselors

Parent members:

Leah Bobbitt - parent leader
Courtney Morgan
Brittany Bowley
Angel Harding
Amy Wood
Rachel Bynum
Holly Curry
Chase Reasoner

State of Texas / Rusk County

Terry Linder, DSHS/ Rusk Co. EMC

District Facilitator

Gwen Gilliam, Director of Student Services

Meetings:

November 3, 2021
March 10, 2022
April 19, 2022
May 25, 2022

Each department; health, food service, athletics /physical education, and counseling gave reports at meetings. SHAC members worked with the Wellness Committee to revise the WR Wellness Policy and Health Improvement Plan. A survey was conducted of the Wellness Policy with each Campus and Department completing the areas of A. Food and Beverage in Schools, B. Nutrition Education and C. Physical Activity.

The ESTEEM (Encourage Students to Embrace Excellent Marriage) curriculum is used with students in grades 6th – 9th.

Vaccine reminders have been sent to students. Megan Wriggle conducted CPR instruction and Kevin Roy covered police interaction with all West Rusk seniors Friday, May 9 and 10, 2022. West Rusk students participated in the State Fitness Assessment and results were posted to TEA. Athletics and Physical Education rotated activities as the seasons changed. Athletics programs were successful in several sports this year.

West Rusk has used “Germ Blaster” to lessen the spread of disease.

Due to COVID-19, persons participating in SHAC outside West Rusk employees were limited.