

**West Rusk PK-12 Lunch January 2019**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



**7 Burrito  
Pinto Beans  
Corn  
Raw Baby Carrots  
Apple Sauce  
Milk Choice  
Milk Choice**

**8 Chicken Nuggets  
Bread Sticks (6-12)  
Mashed Potatoes  
& Gravy  
Green Beans  
Apple Sauce  
Milk Choice**

**9 BBQ Chopped pork  
Cole Slaw  
Raider Beans  
Fresh Apples & Oranges  
Milk Choice**

**10 Pepperoni Pizza  
Crunchy Broccoli Salad  
Fresh Apples  
Corn  
Milk Choice**

**11 Hamburgers (6-12)  
Hot Dogs (pk-5th)  
Tater Tots  
Raw Baby Carrots  
Side Kick  
Frozen Fruit Cup  
Fresh Banana  
Milk Choice**

**14 Chicken Strips  
Bread Sticks (6-12)  
Mashed Potatoes  
& Gravy  
Corn  
Fresh Fruit  
Milk Choice**

**15 Corn Dogs  
Pinto Beans  
Corn  
Raw Baby Carrots  
Fresh Apples  
Apple Sauce  
Milk Choice**

**16 Salisbury Steak  
Dinner Roll  
Mashed Potatoes &  
Gravy  
Baked Beans  
Fresh Apples & Oranges  
Milk Choice**

**17 Pepperoni Pizza  
Crunchy Broccoli Salad  
Fresh Apples  
Cooked Carrots  
Milk Choice**

**18 Hamburgers  
Tater Tots  
Raw Baby Carrots  
Side Kick  
Frozen Fruit Cup  
Fresh Banana  
Milk Choice**

**21**

**22 Burrito  
Pinto Beans  
Corn  
Raw Baby Carrots  
Fresh Apples  
Apple Sauce  
Milk Choice**

**23 Chicken Fried Steak  
Bread Sticks (6-12)  
Mashed Potatoes &  
Gravy  
Raider Beans  
Fresh Apples & Oranges  
Milk Choice**

**24 Pepperoni Pizza  
Crunchy Broccoli Salad  
Fresh Apples  
Cooked Carrots  
Milk Choice**

**25 Hamburgers  
Tater Tots  
Raw Baby Carrots  
Side Kick  
Frozen Fruit Cup  
Fresh Banana  
Milk Choice**

**28 Popcorn Chicken  
Bread Sticks (6-12)  
Mashed Potatoes  
& Gravy  
Corn  
Fresh Fruit  
Milk Choice**

**29 Nachos  
Pinto Beans  
Corn  
Raw Baby Carrots  
Fresh Apples  
Apple Sauce  
Milk Choice**

**30 Steak fingers  
Bread Sticks (6-12)  
Mashed Potatoes &  
Gravy  
Raider Beans  
Fresh Apples & Oranges  
Milk Choice**

**31 Pepperoni Pizza  
Crunchy Broccoli Salad  
Fresh Apples  
Corn  
Milk Choice**