

Flu Information

The typical flu season has spikes and drops in flu-like illness activity. Be mindful as you travel in other areas of the country for the holidays, and continue to practice good health habits, including frequent hand washing, for you and your family.

West Rusk ISD monitors flu-like illness in students and staff daily. Good health and hygiene habits are very important to the health of our students, staff and visitors, and are encouraged. Our custodial staff members clean frequently touched surfaces daily, and also perform extra sanitizing measures in classrooms and areas where flu illness is increasing.

We strongly urge parents to keep their children home if they have any flu-like symptoms such as a fever greater than 100°F, sore throat, cough, body aches, vomiting or diarrhea until they are fever-free or without signs of a fever for 24 hours without the use of fever-reducing medication. Your help is critical in keeping our schools healthy this flu season.

Visit TexasFlu.org for more information.